



The Food & Culture of

ITALY

with Cara DiFalco



- April 12 - 23, 2023
- \$4,890 per person
- 12-Day Food & Culture Tour
- Round-Trip Air From Newark, NJ



Register Online

Contact Deacon Tim Kennedy

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Daily Itinerary

✓ INCLUDED

- Round-trip airfare
- All airport taxes and fuel surcharges
- First-class hotels (prices based on double occupancy)
- Daily breakfast; 8 lunches; 8 dinners with ½ bottle of water and ¼ bottle of wine included
- One Cooking class at Trabocchi
- One Cooking class in Rome
- Tour guide for the whole itinerary
- Professional local tour guides
- Entrance fees: Archeological National Museum in Chieti; Ortona Cathedral
- Portage: one large suitcase per person at the hotel
- Deluxe fully equipped motor-coach as per itinerary
- Earphones for the whole tour
- One licorice tasting
- One wine tasting of Montepulciano D'Abruzzo
- One wine lesson on Abruzzo wine
- One "Sise delle Monache" tasting
- One oil and pecorino tasting
- One visit to the factory of "Sulmona Confetti."
- One cheese factory visit
- One saffron factory visit
- One donkey milk farm visit
- Travel Protection Plan (medical insurance)

✗ NOT INCLUDED

- A trip cancellation protection plan is not included and is strongly recommended.
- Nativity Pilgrimage offers a policy at an additional cost
- Passport & visa costs
- U.S. Passports must be valid for at least six months after the return date
- Tips/gratuities to the tour manager, tour guides, and driver
- Items of a personal nature (hotel extras, laundry, phone calls, etc.)
- Meals not specified in the program
- Items not specifically mentioned above

i REGISTRATION

- Fill out registration form included in this brochure.
- Mail your form and non-refundable deposit of \$300 in cash, check, or money order to the address on this brochure.
- Final payment is due **January 02, 2023 (100 Days before departure.)**
- Late registrations received after the deadline require full payment (subject to availability).

DAY 1: DEPARTURE / USA TO ROME

Your culinary experience today by boarding your flight to Rome. Meals and drinks will be served on board.

DAY 2: ROME/SULMONA

After arriving at Rome Fiumicino airport, our private coach will take us to our hotel in Sulmona. Dinner and overnight accommodations will be available after check-in.

DAY 3: SULMONA/ATRI/SULMONA

We begin our day with a guided tour of Atri. This beautiful village is famous for its wonderful Renaissance frescoes and licorice. We will visit a family-owned shop, where we'll discover and taste some excellent local licorice-based products. After lunch, we will visit the Nettare Bosco winery to sample some of the region's wonderful wines, like Montepulciano D'Abruzzo and Pecorino D'Abruzzo. Later at dinner, we will sample traditional regional cuisines such as Arrosticini, seasoned goat or lamb, roasted over an open grill and served family style. Overnight accommodations will be at your hotel.

DAY 4: SULMONA/ORTONA/TRABOCCHI COAST/SULMONA

We begin today with a guided tour of Ortona, focusing on the 1943 Battle of Ortona. This city, also known for its Cathedral, is the seat of the Regional Winehouse. Afterward, we will have a short lesson from a sommelier who'll teach you some of the secrets of Abruzzo's wine. After lunch, we will travel to the Trabocchi Coast, known for its incredible Aleppo pine fishing machines called Trabuccos, which are protected as historical monuments in parts. Finally, we return to our hotel in Sulmona to retire for the evening.

DAY 5: SULMONA/LANCIANO/VASTO/SULMONA

This morning begins with a guided tour of Lanciano that will include the Diocletian Bridge, The Church of the Eucharistic Miracle (the oldest Eucharistic Miracle recognized by the Catholic Church), and Lancianovecchia (its oldest district). Our tour continues in Vasto, where we will have "brodetto" for lunch. It is a type of fish stew that is a signature dish of almost all Italian Adriatic coastal cities. This afternoon, we will take a guided tour of Vasto and its most significant monument, including a walk along the famous "Loggia Ambling." Later, we return to our hotel in Sulmona for dinner and overnight accommodations.

DAY 6: SULMONA/GUARDIAGRELE/ PENNAPIEDIMONTE/ROCCASCALEGNA/SULMONA

After breakfast is a guided tour of Guardiagrele. Nicknamed "la Terrazza d'Abruzzo" (Abruzzo's terrace), it is the seat of the Maiella National Park. First, we will sample some "Sise Delle Monache," a dessert specialty in Guardiagrele, followed by a picnic lunch in Pennapiedimonte. This afternoon, we



Sise Delle Monache

will take a guided tour of Pennapiedimonte, a small village surrounded by incredible nature that will leave you breathless. Next, we continue to Roccascalegna for a brief tour before returning to our hotel in Sulmona for dinner and overnight accommodations.

DAY 7: SULMONA/CHIETI/BUCCHIANICO/SULMONA

After breakfast, we begin with a guided tour of Chieti to visit the Archeological National Museum, which sits atop a hill just outside the city walls. From the top of the hill, you will have a breathtaking view of the majestic Majella Massif (The Mother of Mountains, one of the most revered mountains in Italy). After lunch, we will visit the Museo dell'olio di Cantinarte in Bucchianico for an olive oil tasting. Afterward, we will return to our hotel in Sulmona for dinner and overnight accommodations.

DAY 8: SULMONA

We start today's activities with a morning visit to a factory producing the famous "Sulmona confetti" (sugared almonds). After lunch, we will visit a farm to learn about the region's cheese. Finally, we'll stop at a pasta shop for some local products before returning to our hotel for dinner and overnight accommodations in Sulmona.

DAY 9: SULMONA/NAVELLI/SANTO STEFANO DI SESSANIO/SULMONA

We start this morning by visiting a saffron farm in Navelli to learn about this spice and all of its wonderful uses. After lunch, we take a guided tour of Santo Stefano di Sessanio, a picturesque mountain village that sat largely abandoned until recent years. Once in ruins, many of the village's buildings have been restored to vacation homes. Being just 96 miles from Rome, it has become a popular weekend and summer retreat for many. Later, we'll return to our hotel in Sulmona for dinner and overnight accommodations.



Majella National Park



DAY 10: SULMONA/SCANNO/SULMONA

Today's adventure takes us to a donkey farm. If you aren't familiar with some of the products made from donkey milk, you will be. It's sure to be an exciting adventure. We'll have lunch on the farm, followed by a guided tour of Scanno, one of the most photographed villages in Italy. Later, we'll return to our hotel in Sulmona for dinner and overnight accommodations.

DAY 11: SULMONA/L'AQUILA/ROME

After breakfast, we take a guided tour of L'Aquila, the capital of Abruzzo. Afterward, we'll travel to Rome and participate in a family cooking class. Dinner and overnight accommodations at our hotel in Rome.

DAY 12: DEPARTURE

We will transfer to the airport this morning to board your return flight home. Arrivederci!



TERMS & CONDITIONS

THE TOUR PRICE INCLUDES

Air Transportation: Economy class and round-trip airfares are based on the time of the reservation. Rates and times are subject to change without notice. Airfares, once issued, **ARE NON-REFUNDABLE, NON-TRANSFERABLE, AND CANNOT BE USED TOWARDS FUTURE TRAVEL.**

Land Transportation: All land transportation as described in the itinerary will be by Deluxe Motor Coach. Some may be equipped with Wi-Fi service.

Hotels: Your hotels will be first-class with double occupancy (2 people per room with a private bath). Neither Nativity Pilgrimage nor the trip coordinator are responsible for providing a roommate.

Single Room: There is an additional cost per person as specified on the registration form. Single rooms are limited and will be awarded on a first-come, first-served basis.

Meal Plan: The meal plan offers two (2) meals per day: Breakfast & Dinner.

Baggage: Nativity Pilgrimage limits all passengers to one (1) piece of checked luggage and one (1) carry-on. All passengers should check with the airlines carriers for up to date baggage weight and dimensions.

Airport Taxes, Fuel Surcharges and Security Fees

Porterage

Medical Protection Plan During the Trip

THE TOUR PRICE DOES NOT INCLUDE

Passport Expenses: Passports or any additional documents that may be required. Passports must be valid after 6 months of return date.

Personal Items: Laundry, other beverages (wines, liquors, mineral water, tea, coffee, etc.) and food that are not on the menus of your included meal package, and any additional luggage.

Non-itinerary fees: Any sightseeing, other services, or personal items that are not specifically mentioned as being included in the itinerary.

Cancellation Protection Plan: We highly recommend purchasing travel insurance upon registration.

Lunch

Tips for your guide & driver: The recommended amounts of tips per person are \$7.00 – \$9.00 per day for guide(s), \$5.00 – \$7.00 per day for driver(s), \$1.00 – \$2.00 per day for hotels, and \$1.00 – \$2.00 per day for restaurants.

BOOKING CONDITIONS

A non-refundable deposit of \$300.00 per person is required at the time of booking. No reservation will be processed without a deposit. **Full payment is due January 02, 2023. [100 days before departure date].** Late registrations received after the deadline require an additional \$100 (subject to availability). If payment is not made in full 50 days prior to departure, your payments are non-refundable.

YOU MAY USE ANY MAJOR CREDIT CARD TO PAY YOUR DEPOSIT ONLY. THERE IS AN ADDITIONAL 3% CHARGE FOR EACH CREDIT CARD PAYMENT. FOR ANY REMAINING PAYMENTS, WE ACCEPT CHECKS, MONEY ORDERS, ZELLE, ACH, AND WIRE TRANSFERS.

CANCELLATION AND REFUND POLICY

We hope that nothing will prevent you from taking your pilgrimage with Nativity Pilgrimage, however, should you need to cancel your cancellation must be in writing via email or letter. It will be effective on the date of receipt. The following cancellation fees will apply:

DAYS PRIOR TO DEPARTURE

100 + Days

99-50 Days

49 Days

CHARGE

Lose Deposit

50% of trip cost

100% of trip cost

Insurance premiums are non-refundable. We highly recommend purchasing travel insurance to avoid these cancellation fees.

PROTECT YOUR TRIP



Follow the link or scan the QR code to view our Travel Protection Plan details.

<https://nativity.trawickinternational.com>

RESPONSIBILITY

Nativity Pilgrimage, Inc. and their agents assume no liability or responsibility in regards to travel in any form for any injuries or loss of property, accidents, delays, changes in schedule or itinerary, incidental damages or any irregular circumstances. This would include, but not limited to, default or omission by any third party providing services or facilities related to and/or included in the tour or any part thereof.

The IATA carriers, steamship firms and other transportation companies, whose services are featured in these tours, are not to be held responsible or accountable for any act, omission or event during the time the passengers are not on board their respective conveyance. The passage contract in use by these companies, when issued, shall constitute the sole contract between the companies and the purchaser of these tours and/or passengers and Nativity Pilgrimage, Inc. does not assume any liability or responsibility in connection therewith. They are not responsible for any losses or additional expenses due to delay or changes in air or other services, sickness, weather, strike, war, guarantees, or other causes. All such losses or expenses shall be borne by the passenger as tour rates provide for arrangements only for the time stated. The right is reserved to substitute hotels of similar quality to those specified in the itinerary. The right is reserved by Nativity Pilgrimage to cancel any tour prior to departure. Refund detail settlement conditions vary upon each trip.

No refund will be made for any used portion of the tour unless arrangements are made prior to departure from the United States.

PRICES AND ITINERARIES ARE SUBJECT TO CHANGE WITHOUT NOTICE IF BOOKING CONDITIONS ARE NOT COMPLIED.

